



**National Registry of Emergency Medical Technicians®
Paramedic Psychomotor Competency Portfolio Manual**

**COMPREHENSIVE NORMAL PEDIATRIC PHYSICAL ASSESSMENT TECHNIQUES
SKILLS LAB**

Student Name: _____ Date: _____

Instructor Evaluator: _____ Student Evaluator: _____
Signature Signature

NOTE: The student is to perform a comprehensive physical examination (well physical examination) on a toddler or school-aged child who has no complaint or distress.
***Choose appropriate age level**

SCORING	
N/A	Not applicable for this patient
0	Unsuccessful; required critical or excessive prompting; inconsistent; not yet competent
1	Not yet competent, marginal or inconsistent, this includes partial attempts
2	Successful; competent; no prompting necessary

Actual Time Started: _____ **SCORE**

Initial general impression	
Appearance	
Facial expression	
Skin color	
Work of breathing	
Odors of body or breath	
*If toddler or school-aged child:	
Activity level	
Speaks when addressed	
*If school-aged child:	
Eye contact	
Mood	
Orientation	
Time	
Place	
Person	
Memory	
Recent	
Long term	
Assesses baseline vital signs	
Vital signs	
Blood pressure	
Pulses – brachial, radial, carotid	
Pulse rate	
Pulse amplification	
Respirations	
Respiratory rate	
Tidal volume	
Temperature – oral, tympanic, rectal	
SpO ₂	

Secondary physical examination	
Somatic growth	
Length	
Weight	
Head circumference	
Skin	
Colors – flushed, jaundiced, pallor, cyanotic	
Moisture – dryness, sweating, oiliness	
Temperature – hot or cool to touch	
Turgor	
Lesions – types, location, arrangement	
Nails – condition, cleanliness, growth	
Head and neck	
Hair	
Scalp	
Skull	
Face	
Eyes	
Acuity – vision is clear and free of disturbance	
Appearance – color, iris clear	
Pupils – size, reaction to light	
Extraocular movements – up, down, both sides	
Ears	
External ear	
Ear canal – drainage, clear	
Hearing – present/absent	
Nose	
Deformity	
Air movement	
Mouth	
Opens willingly	
Jaw tension	
Mucosal color	
Moisture	
Upper airway patent	
Neck	
Trachea – midline	
Jugular veins – appearance with patient position	
Chest	
Chest wall movement – expansion	
Skin color – closed wounds	
Integrity	
Open wounds	
Rib stability	
Presence/absence of pain	

Lower airway	
Auscultation – anterior and posterior	
Normal sounds and location	
Tracheal	
Bronchial	
Bronchovesicular	
Vesicular	
Heart and blood vessels	
Heart	
Apical pulse	
Sounds	
S ₁	
S ₂	
Arterial pulses	
Locate with each body area examined	
Abdomen	
Color – closed wounds	
Open wounds	
Size, symmetry, shape	
Scars	
Distention	
Auscultation	
Palpation – quadrants, masses, tenderness, rigidity	
Back	
Color – closed wounds	
Open wounds	
Size, symmetry, shape	
Scars	
Palpation – tenderness, rigidity, masses	
Pelvis	
Stability	
Male genitalia – inspects for:	
Wounds, rashes, external lesions, drainage	
Female genitalia – inspects for:	
Wounds, rashes, external lesions, drainage	
Musculoskeletal	
Legs and feet	
Symmetry	
Range of motion	
Deformity	
Skin	
Color	
Closed wounds	
Open wounds	
Pulses	
Femoral	
Popliteal	
Dorsalis pedis	

Arms and hands	
Symmetry	
Range of motion	
Deformity	
Skin	
Color	
Closed wounds	
Open wounds	
Pulses	
Brachial	
Radial	
Affective	
Accepts evaluation and criticism professionally	
Shows willingness to learn	
Interacts with simulated patient and other personnel in professional manner, i.e. uses appropriate name, explains procedures, maintains modesty	

Actual Time Ended: _____

TOTAL (TODDLER)	/180
TOTAL (SCHOOL-AGED)	/194

Critical Criteria

- ___ Failure to take or verbalize appropriate PPE precautions
- ___ Failure to adequately assess airway, breathing or circulation
- ___ Performs assessment in a disorganized manner
- ___ Failure to assess the patient as a competent EMT
- ___ Exhibits unacceptable affect with patient or other personnel
- ___ Performs assessment inappropriately resulting in potential injury to the patient
- ___ Failure to receive a total score of 136 (toddler)/146 (school-aged) or greater

Comments:

STUDENT SELF-EVALUATION (The examiner is to ask the student to reflect on his/her performance and document his/her response to the following question:)

Were you successful or unsuccessful in this skill? Successful Unsuccessful